

The Islands of the
BAHAMAS
RECIPE CARD

BAHAMAMA MAMA

INGREDIENTS

- 2 oz orange juice
- 2 oz pineapple juice
- 1 ½ oz dark rum
- 1 oz coconut rum
- ½ oz grenadine
- Cherries and pineapple pieces

METHOD



1 Combine orange juice, pineapple juice, dark rum, coconut rum, and grenadine and shake well with ice. Serve in a tall glass, using cherries and pineapple pieces for garnish.

2 Sit back, relax and enjoy!



Credit: Tru Bahamian Food Tours